

By M.MAGESWARI
mages@thestar.com.my

THE Companies Commission of Malaysia (SSM) emerged as champion in the employer (large) category of the Workplace Health Promotion's (WHP) Activ@Work Challenge 2018.

The challenge was a collaboration between the Social Security Organisation (Socso) and online healthcare platform BookDoc.

SSM human capital development section head Adzman Ahmad, received the award on behalf of the statutory body at the presentation ceremony at Hotel Istana Kuala Lumpur, said they encouraged their 1,200 employees to practise a healthy lifestyle.

"Each employee has to reach an average of 3,000 steps daily, and we update the status using the BookDoc mobile app," said Azman after receiving a trophy, certificate and weighing machine for their achievement.

The challenge was held from September to November last year, and saw 162 employers taking part.

Genting Group Bhd won second place for the employer (small) category.

Genting Group Human Resources head Lim Li-Anne said they participated in the Activ@Work Challenge for the first time last year.

"It was encouraging, as we had only joined in October to encourage employees at our headquarters in Wisma Genting, Kuala Lumpur, to walk more, especially during lunchtime," she said.

Lim, who received a trophy, certificate and blood pressure machines for their achievement said about 100 employees had participated.

Nine employers took home top prizes in the large, medium and small category while 40 employees in the large, medium, small and micro category were acknowl-

Being active at work pays off

Employers rewarded for encouraging staff to practise healthy lifestyle



(From sixth left) Dr Mohammed Azman, Beh and Socso officials with the winners of the Activ@Work Challenge 2018 at the awards ceremony.

edged for their achievements.

BookDoc founder Datuk Chevy Beh said they were targeting at least 200 employers to participate in the challenge this year.

"We have to reach out to targeted clients this year by holding more roadshows to promote an active lifestyle and change peoples' behaviour," Beh shared.

He said participants who stayed healthy would be rewarded.

There are currently 90 partners in the reward system which could be claimed at 1,800 merchants in 12 countries such as Malaysia, Singapore, Hong Kong, Thailand, Indonesia and Brunei.

Beh said they were optimistic about reaching two million users by the end of this year, adding that so far half a million people are on BookDoc.

"We also plan to assist employ-

ees to track utilisation of their personal medical claims," he said, adding that it was expected to be rolled out in two months.

At the award ceremony, Socso chief executive officer Datuk Seri Dr Mohammed Azman Aziz Mohammed said the Activ@Work Challenge was an extension of the WHP programme.

"The programme seeks to challenge workers to be actively engaged in physical activities such as walking, running and exercising. It has motivated employers and workers to work together to promote health at the workplace," said Dr Mohammed Azman.

He shared that in 2018, 22,276 of Socso's insured persons were reported to be invalid or died due to NCDs (non-communicable diseases) caused by unhealthy lifestyles.

"An average of 61 cases are reported to Socso every day," he said, adding that the number of claims for Invalidity Pension and Survivors' Pension due to NCDs continues to increase.

"Between 2010 and 2018, Invalidity Pension and Survivors' Pension due to NCDs has increased by more than 50%," said Dr Mohammed Azman.

In response to this worrying situation, Socso took a proactive step by initiating the health screening programme (HSP), in which it provides free health screening to eligible workers aged 40 years and above for early detection of NCDs.

Since the HSP was introduced in 2013 until this year, 3.1 million workers were eligible for health screening.

"Seventy-three percent of employees who underwent the

health screening were overweight, 27% had hypertension and 9% diabetes. About 62% of them were found to have hypercholesterolemia," he added.

Dr Mohammed Azman said only about 500,000 workers have gone for the health screening.

He said with the voucherless HSP through SMS, workers would not need physical vouchers to visit the 3,704 panel clinics and enjoy Socso's services.

Socso's Prevention, Medical and Rehabilitation division head Dr Azlan Darus said the voucherless system, which was started in January this year, would be officially launched in two weeks.

"Contributors just need to SMS to get the voucher details," he said, adding that men would be entitled to a RM85 voucher and women, RM215.

Developer extends home ownership reward campaign

MAH Sing Group Bhd is extending its Refer n Reward + (RnR+) together with its "RM500,000 In Your Bank" campaign to reward house buyers with attractive incentives.

This follows overwhelming response to the schemes during the three-day Home Ownership Campaign (HOC) 2019 Expo at Kuala Lumpur Convention Centre. "Based on numerous requests

and to accommodate buyers from outside the central region, we have decided to extend the duration of the special RnR+ Incentive so that the public can enjoy the rewards together with our "RM500,000 In Your Bank" campaign.

"Those interested must register their details at <http://mahsing.com.my/rnr/> to be eligible for RnR+.

"This campaign will run in all our sales galleries until June 30 in conjunction with Mah Sing's 25th anniversary.

"We hope house buyers will grab this chance to secure their ideal home as both the Government and Mah Sing are giving such good incentives," said Mah Sing's founder and group managing director Tan Sri Leong Hoy Kum.

Mah Sing's "RM500,000 In Your Bank" programme is designed to offer benefits for every type of buyer and encompasses various incentives such as RnR+, lucky draw, a digital spin & win and free legal fees.

The RnR+ campaign rewards registered introducers up to RM60,000 upon conversion of the sale when they refer a friend to purchase Mah Sing's participating projects.

Projects for the HOC campaign in the central region include M Vertica in Cheras (high-rise residential, priced from RM480,000) and M Centura in Sentul (high-rise residential, priced from RM350,000) in Kuala Lumpur; M Aruna in Rawang (two-storey link homes, priced from RM601,980) in Selangor; Sensory@Southville City



Leong (left) showing Prime Minister Tun Dr Mahathir Mohamad a plan of the group's M Vertica development in Cheras during the Home Ownership Campaign 2019 Expo.

(high-rise residential, priced from RM344,000) and Cerrado@Southville City (high-rise residential, priced from RM380,000) in KL South; and Lakeville Residence in Jalan Kuching (residential suites, priced from RM659,000) in Kuala Lumpur.

In Penang, participating projects include M Vista in Southbay City (serviced apartment, priced from RM577,280); The Loft in Southbay City (servicet residential suites, priced from RM1,630,800);

Ferringhi Residence in Batu Ferringhi (condominiums, priced from RM1,424,800); Ferringhi Residence 2 in Batu Ferringhi (condominiums, priced from RM1,134,800).

In Johor, Meridin East in Pasir Gudang (residential, priced from RM390,880); Meridin@Medini in Iskandar Puteri (mixed development, priced from RM268,000); and Meridin Bayvue in Sierra Perdana (high-rise residential, priced from RM424,150) are included.

ORA-KIT Ora-Kit Holdings Sdn Bhd (1980393-8)

FACTORY PROMOTION

Top Hang 8ft Wide

Melamine

RM3,988

Pay 3G **RM4,888**

Free Upgrade to 4G Decora (worth RM5,988)

Bottom 8ft Wide

ITEMS INCLUDED

Swingdoor Wardrobe 6'X9' OR TV Console 6'X6'

OR

For only **RM999** with Purchase RM10,000 & Above

Hotline: 03-8060 0395 / 016-713 6009 / 017-200 6003

Website: www.ora-kit.com Email: jimmy@ora-kit.com

• Head Office Puchong • Showroom Shah Alam • Showroom Ampang • Showroom Bangi